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PHOTOBIOSTIMULATION  
(PBS)  
with INFRARED LED LIGHT  
(E-LIGHT® MODULATION TECHNOLOGY)  
as an ADJUNCTIVE THERAPY in  
Maintenance Recall :  
A PRELIMINARY STUDY

Light modulation (L.M.) as  
an ADJUNCTIVE THERAPY  
in Maintenance Recall :  
clinical short-term  
outcomes.

60 pts received 20' light  
modulation (L.M.) post  
recall maintenance  
appointment



Light modulation (L.M.) : clinical short-term outcomes on periodontitis patients in maintenance

60 pts received 20' light modulation (L.M.) post maintenance recall visit

No adverse effect were recorded  
31 patients (ca 50 %) perceived some additional benefit,  
8 of them (13,3 %) claimed a remarkable better comfort compared to previous clinical experiences,  
29 subjects (48,3 %) did not note any additional advantage, as they did not report any discomfort post recall visit.







Immediate Post  
Professional Hygiene  
Reall and Gingival  
Remodelling.



Clinical aspect  
following 20'  
**INFRARED LED  
LIGHT (E-LIGHT®  
light modulation  
(L.M.)  
TECHNOLOGY)**  
as an  
**ADJUNCTIVE  
THERAPY**





Baseline

few days following 20' light modulation (L.M.)  
post maintenance recall visit



Baseline 5 mm BoP +



Immediately following 20' light modulation (L.M.), post maintenance recall visit 2 mm BoP -



Baseline



6 months post





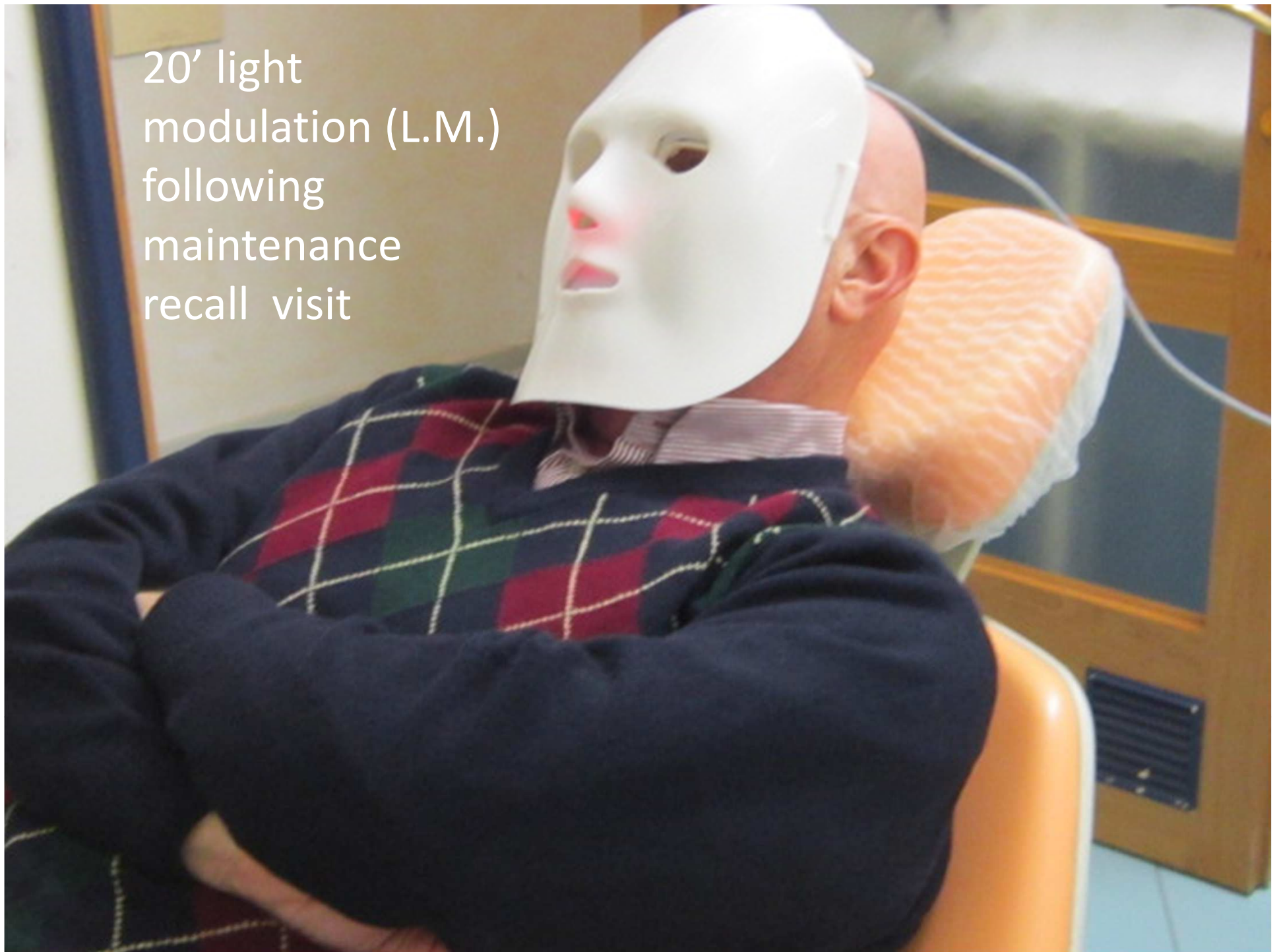
Baseline



Immediately following 20' light  
modulation (L.M.) post maintenance  
recall visit 2 mm BoP -



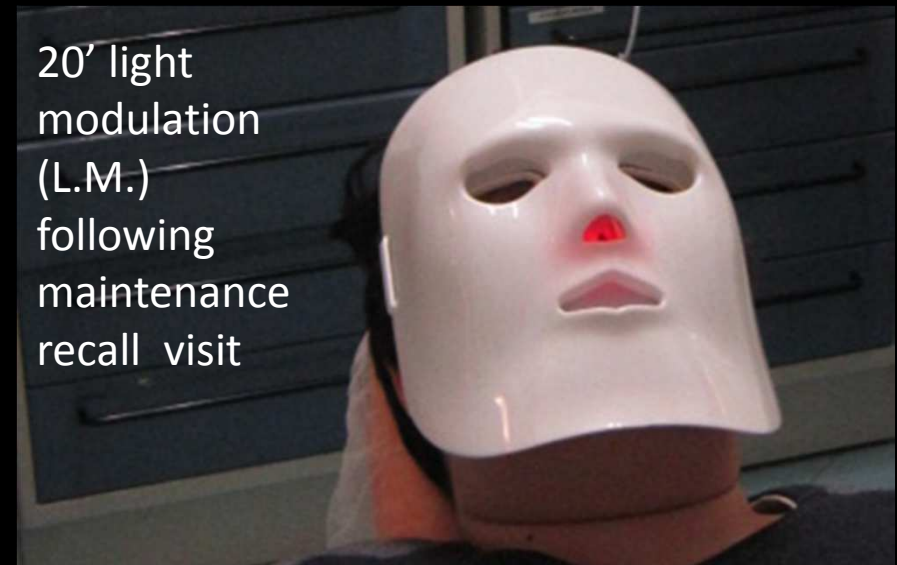
20' light  
modulation (L.M.)  
following  
maintenance  
recall visit







20' light  
modulation  
(L.M.)  
following  
maintenance  
recall visit





BASELINE



1 WEEK LATER

Particularly in case of localized light to moderate gingival inflammation, associated to stress as aggravating factor, **PHOTOBIOSTIMULATION (PBS) with INFRARED LED LIGHT (E-LIGHT® light modulation (L.M.) TECHNOLOGY)** as an **ADJUNCTIVE THERAPY** to non surgical periodontal convetional seems to convey potential benefits



20' light modulation (L.M.)  
following maintenance  
recall visit



635 nm irradiation-induced **decrease in inflammation** is crucial for **regulating LPS-induced inflammation** during bacterial infection in periodontal disease.

WonBong Lim†, W B et al., Modulation of Lipopolysaccharide-Induced NF- $\kappa$ B Signaling Pathway by 635 nm Irradiation via Heat Shock Protein 27 in Human Gingival Fibroblast Cells. Photochemistry and Photobiology, **2013**, 89: 199–207



A 30-min monochromatic infrared energy (MIRE) produced a **significantly greater microcirculation** and **capillary blood cell velocity (CBV)** increase.

Mak MC, Cheing GL. Immediate effects of monochromatic infrared energy on microcirculation in healthy subjects. Photomed Laser Surg. **2012** Apr;;30(4):193-9.





## Review

# The light revival: Does phototherapy promote wound healing? A review

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## ABSTRACT

**Background:** Throughout history, light has been recognised as a potential source of healing. The introduction of lasers made it possible to modify and control light for optimum therapeutic use.

**Aim:** This paper reviews recent clinical trials that test phototherapy on human models in order to assess the value of phototherapy in routine wound care.

**Method:** A literature search was undertaken using a variety of sources including online databases.

**Results:** The results of numerous in vitro and animal investigations suggest that phototherapy may stimulate cell activity and promote tissue repair. Reports of human clinical trials are relatively few. There is inconsistency of selected treatment parameters amongst studies testing the effect of phototherapy on wound healing. Clinical trials using human models do not provide sufficient evidence to establish the usefulness of phototherapy as an effective tool in wound care regimes.

**Conclusion:** Further well designed research trials are required to determine the true value of phototherapy in routine wound care.

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Phototherapy may stimulate cell activity and promote tissue repair.



Photobiomodulation by light in the red to near infrared range (630–1000 nm) using low energy lasers or light-emitting diode (LED) arrays has been shown to accelerate wound healing. Gene discovery studies conducted using microarray technology documented a significant upregulation of gene expression in pathways involved in mitochondrial energy production and antioxidant cellular protection.

Eells J. T. et al., 2004





## Reviews

The use of photodynamic therapy adjunctive to scaling and root planing provides short-term benefits, but microbiological outcomes are contradictory.

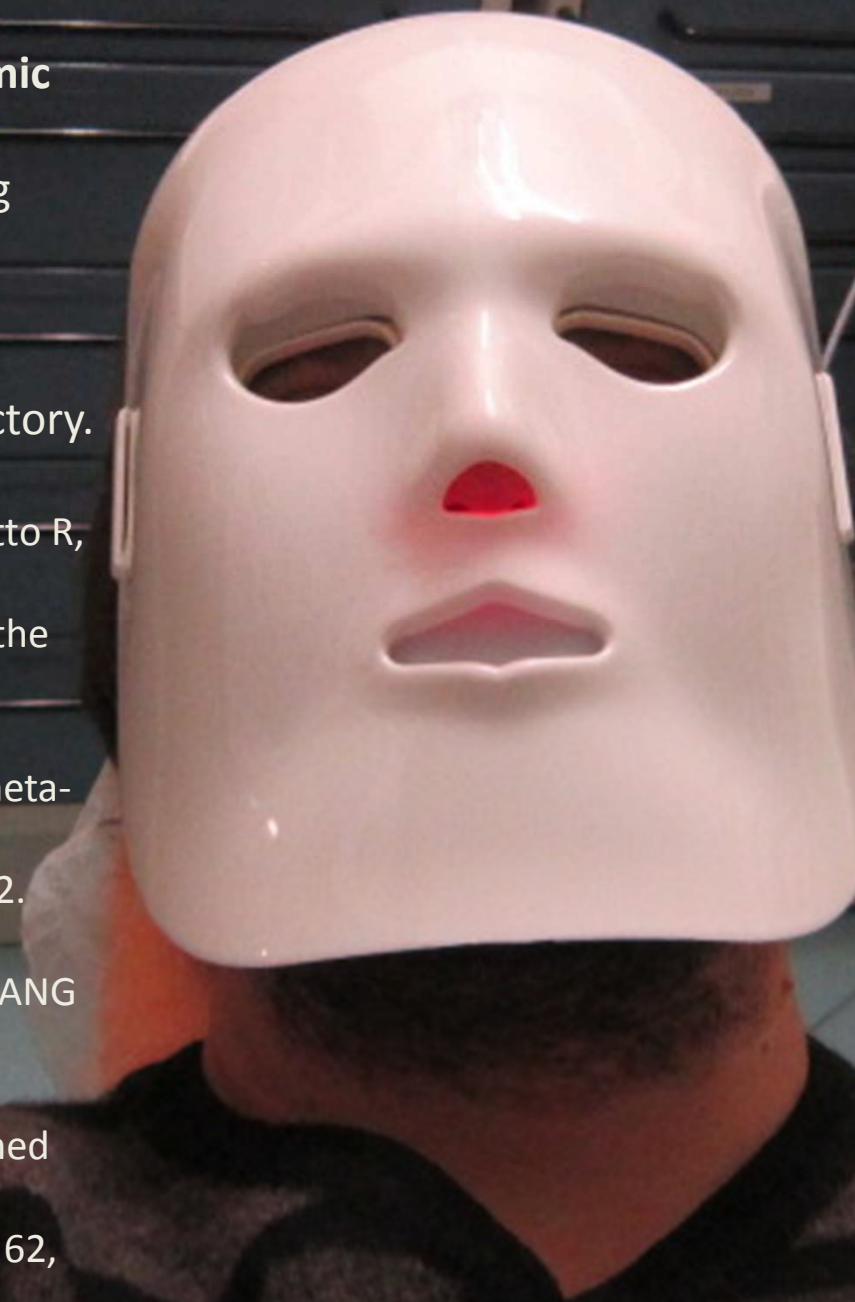
Sgolastra F, Petrucci A, Gatto R, Marzo G, Monaco A. Photodynamic therapy in the treatment of chronic periodontitis: a systematic review and meta-analysis. *Lasers Med Sci* 2013; 28: 669–682.

HEITZ-MAYFIELD L.J.A. & LANG N.P. Surgical and nonsurgical periodontal therapy. Learned and unlearned concepts. *Periodontology* 2000, Vol. 62, 2013, 218–231

## RCT

This study showed that adjunctive photodynamic treatment by LED light may enhance short-term clinical and microbiological outcome in periodontitis subjects in SPT

Mongardini C., Di Tanna GL e Pilloni A. Light-activated disinfection using a light-emitting diode lamp in the red spectrum: clinical and microbiological short-term findings on periodontitis patients in maintenance. A randomized controlled split-mouth clinical trial.



Conclusions. All subjects exhibited satisfactory healing after the laser assisted non-surgical periodontal therapy. Based on clinical observations, the incorporation of light modulation (L.M.) post maintenance recall visit appears to be of value.

